



Tracking Kindness

Tracking Kindness presents scenarios that encourage students to imagine how many people are impacted by one act of kindness. Because each dilemma provides an opportunity to practice kindness, this activity extends the initial problem solving and decision making to help students understand that the effects of kindness stretch far beyond themselves.

Scenarios

1. Abraham is walking to the stadium to see a baseball game with his family. He sees that someone sets down their bag of popcorn on a bench and then keeps walking. There is a trash can nearby.
2. Ms. Hoffman's 10th-grade history class decided their yearly civic service project would be collecting supplies for their local community food bank. When the other 10th-grade teachers learn about it, they want their students to participate as well. Maz and Reggie are in Ms. Hoffman's class, and they feel confused and disappointed because they wanted the project to be special to their history class.
3. Miguel was eating lunch with his friends, Troy and Jordan, in the cafeteria. They noticed one of the students in their class, Clark, was sitting by himself. Clark is really smart but sometimes makes comments in class that make other students giggle, even if they are not meant to be funny.
4. Tasha went with her mom to visit her grandma in the hospital. They brought her grandma a card and some flowers. While she was there, Tasha saw her classmate Stan, and she learned that Stan's dad has been diagnosed with a serious illness.
5. Enrique loves playing on the basketball team, but he doesn't like some of the comments he overhears from teammates in the locker room. He is uncomfortable when he overhears teammates using negative slurs to put down other people, including fellow teammates.
6. Mr. Park's science class went on a field trip to the Science Museum. During their lunch, Raymond and Claire noticed someone walking their dog outside in front of the Museum. When the person bent down to pet their dog, they dropped some papers out of their bag. They continued walking without stopping to pick them up.
7. On a Friday night, Coco is home watching TV. When she looks at her phone, she sees that Taylor posted a picture of a group of friends hanging out. Coco feels sad and wonders if they intentionally left her out of the group, or if they just forgot to invite her.
8. On a Saturday, Sammy is excited to go on a shopping trip with friends. When they're in a clothing store, she notices her friend Kristen put something in her purse and walk out of the store without paying for it. When Sammy asks her about it, Kristen says it's not a big deal.
9. Jefferson is really proud of their English paper. When the class turns in their assignments, Alexa tells Jefferson that she found a paper online and just changed some of the words to make it sound like she wrote it.